

Dr Charlotte Albury, BA (Hons.), MSc., AFHEA, PGCert, D.Phil

charlotte.albury@phc.ox.ac.uk | @AlburyCharlotte | <https://www.phc.ox.ac.uk/team/charlotte-albury>

I am qualitative methodologist, with a DPhil in primary health care, specialising in clinical communication and behaviour change. I hold a prestigious personal fellowship from the THIS Institute (The Healthcare Improvement Studies Institute) and previously a Mildred Blaxter Fellowship from the Foundation for The Sociology of Health and Illness. I lead a growing team researching clinical communication and health behaviour change. I have published over 30 peer reviewed papers, and been awarded 26 competitively funded research grants, including as principal investigator. I have a strong interest in applied research which informs policy; co-authoring national guidelines with Public Health England, and collaborating with NHS England, and the Foreign Commonwealth and Development Office.

QUALIFICATIONS

PG Cert.	Teaching And Learning in Higher Education	University Of Oxford, Dept. Of Continuing Education	Distinction	2022-2023
D.Phil.	Doctor of Philosophy in Primary Health Care	University Of Oxford, St. Peter's College	-	2015 -2019
AFHEA	Associate Fellowship of the Higher Education Academy	Higher Education Academy	-	2017
MSc.	Master of Science in Medical anthropology	University Of Durham, St. Chad's College	Distinction	2011-2014
BA (Hons.)	Batchelor of Arts in Anthropology	University Of Durham, St. Chad's College	Upper Second Class Honours	2008-2011

AWARDS AND PRIZES

- Excellent Supervisor Award University of Oxford, Medical Sciences Division 2023
- Top Oral Presentation Award Academy of Communication in Healthcare (ACH) 2023
- NPCRAG Prize – Best presentation Society for Academic Primary Care (SAPC) 2023
- Education Prize - Best education presentation Society for Academic Primary Care (SAPC) 2023
- Oxford International Primary Care Leadership Programme Award School for Primary Care Research (SPCR) 2023
- Principal Investigator of the Year Award Society for Academic Primary Care (SAPC) 2022
- Award for Excellence Nuffield Dept.of Primary Care Health Sciences University of Oxford 2022
- Award for Excellence Nuffield Dept. of Primary Care Health Sciences University of Oxford 2020
- 1st prize, Research Innovation in Patient and public involvement and engagement in research NHS National Institute for Health Research School for Primary Care 2018

CURRENT ROLES

- Associate Professor Nuffield Dept. of Primary Care, University of Oxford 2024-
- Clinical Communication Team Lead Nuffield Dept. of Primary Care, University of Oxford 2023-
- THIS Institute Fellow Nuffield Dept. of Primary Care, University of Oxford 2023-
- Academic Clinical Lecturer (clinical communication) Somerville College, University of Oxford 2023-
- External Examiner, BSc in Sociology University of York 2022-

In these current roles I develop and lead an independent programme of work focussing on clinical communication and behaviour change. I lead a team of 6 researchers and research assistants; secure grant income; engage with policy makers; lead on translating findings into practice improvements; design and deliver high quality teaching and supervision; and publish and present for leading journals and conferences.

RELEVANT PREVIOUS ROLES

- | | | |
|---|--|-----------|
| • Mildred Blaxter Fellow and Senior Researcher in Health Behaviours | Nuffield Dept. of Primary Care, University of Oxford | 2020-2023 |
| • Fulford Junior Research Fellow (JRF) | Somerville College, University of Oxford | 2020-2023 |
| • Qualitative Research Consultant | Behavioural Insights Team (BIT), Westminster, London | 2022-2023 |
| • Course Director: Oxford Qualitative Courses | Nuffield Dept. Of Primary Care, University Of Oxford | 2018-2022 |
| • Qualitative Researcher in Health Behaviours | Nuffield Dept. of Primary Care, University of Oxford | 2019-2020 |

INVITED VISITING & HONORARY ROLES

- | | | |
|---|------------------------------------|-------------------------|
| • Honorary Faculty, Department of Linguistics | University of Oxford | 2022-current |
| • Honorary Research Fellow In Conversation Analysis | University College London | 2019-2021 |
| • Guest Lecturer In Qualitative Methods (NVivo And Ethnography) | Manchester Metropolitan University | October – November 2021 |
| • Visiting Lecturer In Conversation Analysis and Primary Care | University Of Antwerp, Belgium | August 2018 |
| • Visiting Fellow In Conversation Analysis and Primary Care | Memorial University, Canada | May 2017 |

INVITED SPEAKER

I am a regularly invited guest speaker on clinical communication and behaviour change, speaking to academics, policy makers, clinicians, and government stakeholders. Selected invited speaker roles include:



Keynote speaker:

- CONVERSATION ANALYSIS (CA) DAY, Loughborough University 2023
- LANGUAGE MATTERS: OBESITY. Danish National Center for Obesity, Conference on Obesity Stigma. Aarhus, Denmark (online), November 2022.

Invited Speaker:

- DISCUSSING WEIGHT MANAGEMENT IN PRIMARY CARE -INSIGHTS FROM CONVERSATION ANALYSIS OF THE BWEL TRIAL. Picker Institute Europe, International Healthcare Charity, October 2019
- CONFIDENTLY CARRYING OUT CONVERSATIONS ABOUT WEIGHT MANAGEMENT REFERRALS – The Weight Management Conference 2021, Government Events. Online, October 2021
- CONFIDENTLY CARRYING OUT CONVERSATIONS ABOUT WEIGHT MANAGEMENT REFERRALS – Public Health England Healthy Weight Coaches launch, 2021
- CONVERSATION ANALYSIS AND CLINICAL PRACTICE: Tools for communication in primary care. Memorial University, Newfoundland, Canada, May 2017
- CONVERSATION ANALYSIS AND HEALTHCARE PRACTICE. Foreign and Commonwealth Office, London, March 2017

PEER REVIEW AND PANELS




- NICE Adoption and Impact Reference Panel (Advisory panel to NICE): 2022-current
- I review regularly for a number of journals, including: The Lancet Diabetes and Endocrinology, British Journal of Nutrition, British Journal of General Practice, Clinical Obesity, Health Expectations, British Journal of Health Psychology, and Social Science and Medicine.
- Invited qualitative expert on funding panels for The Chief Scientists Office (Scotland).

Consultant qualitative methodologist since 2021, supported by Oxford Innovations.



OUTREACH AND ENGAGEMENT

In addition to my commitment to involving the people with lived experience throughout all stages of my research I have also led and contributed to a number of public engagement and outreach events:

- 'COMMUNICATING CARE' OXFORD SCIENCE AND IDEAS FESTIVAL – OCTOBER 2023
I led development and performance of 'Communicating Care' working with dancers, a composer and a poet to translate my research into performing arts. These were performed alongside details from my research for the 2023 science festival. This event received excellent feedback from the public including being described as 'the best event I have ever been to at Oxford'. Available online: <https://youtu.be/G-3JxLPW3zA>
- PUBLIC ART COMPETITION JULY 2023
I set-up and led an art competition for members of the public, asking for submissions (through any artistic media) that were inspired by my research on clinical interactions. This meant my research not only reached the public, but they engaged with it in creative new ways.
- BBC DOCUMENTARY "BRITAIN'S FAT FIGHT WITH HUGH FEARNLEY-WHITTINGSTALL" –APRIL, 2018
My research was featured in an 'experiment' on this BBC documentary. Collaborating closely with the producers I trained the doctors in the documentary. Available online: <https://www.bbc.co.uk/programmes/b0b15qt7>
- Oxford Science Festival – Food Forensics: Dinner Detectives, JULY 2017
I was part of the NDPCHS health behaviours team stand at the Oxford Science festival. I was involved in planning the event and engaging with member of the public on the day, to explain the science behind health behaviour change.
- 'CHAT LAB'– NEW SCIENTIST LIVE, EXCEL CENTRE, NOVEMBER, 2017.
I was part of a team of conversation analysts who delivered a large scale 4 day event at New Scientist Live, involving the public in the science of talk. We set up a live 'chat lab', and supported members of the public to generate, collect and analyse real data, in real time. Available online: <https://www.youtube.com/watch?v=HukdRTnl228&t=112s>
- ST. PETER'S COLLEGE, OXFORD -OUTREACH LECTURES IN ANTHROPOLOGY - DECEMBER 2015- DECEMBER 2018
I led anthropology lecturers for GCSE students visiting St Peter's college, as an example of what University teaching might look like, and to encourage students from state schools to apply to Oxford.
- OXFORD SCIENCE FESTIVAL – COCHRANE TOBACCO ADDICTION GROUP, JULY 2016
I volunteered to lead the children's engagement elements of the Cochrane Tobacco Addiction Group's public stand at the Oxford Science festival, and attended the two day event, engaging members of the public with the work of Cochrane.

POLICY

My work contributes directly to health policy including:

- As academic advisor to NESTA on policy papers; co-authoring Public Health England Guidelines; leading research commissioned by UK government agencies; work cited in NICE guidelines.



SELECTED COMMITTEES

- Nuffield Department of Primary Care Health Sciences: Athena Swan Committee, Early-Mid Career Representative (2023-current)
- NICE Adoption and Impact Reference Panel –*NICE advisory panel ensuring guidance implementation*. I have personally led on 2 key pieces of obesity guidance. (2023-current)
- Medical Sciences Division (MSD) Equality, Diversity and Inclusion Steering Group (2023-current)
- Society for Academic Primary Care Conversation Analysis: *Special Interest Group Co-Chair* (2020-)
- NIHR School for Primary Care Research Conversation Analysis working group co-lead (2018-2021)

SELECTED CITIZENSHIP

- NIHR Fellowship mentor: Dr Claire Madigan, Loughborough University (2024-2027)
- British Academy Fellowship mentor: Dr Liliia Bospala, University of Oxford (2022-2025)
- PGCert mentor: Dr Anne Ferrey, University of Oxford (2022)
- Transfer of status examiner (2021)
- Funding panel member for The Chief Scientists Office (Scotland)
- I review regularly for leading journals, including: The Lancet Diabetes and Endocrinology, British Journal of Nutrition, British Journal of General Practice, Health Expectations, British Journal of Health Psychology, and Social Science and Medicine.

FELLOWSHIPS

- October 2023-October 2026: The Healthcare Improvement Studies (THIS) Institute Fellowship. **AWARD HOLDER, FELLOWSHIP. £250,000.**
- October 2023-October 2025: Junior Research Fellowship. Kellogg College, University of Oxford. **AWARD HOLDER, FELLOWSHIP, Non-Stipendiary.**
- October 2020-September 2022: Fulford Junior Research Fellowship. Somerville College, University of Oxford. **AWARD HOLDER, FELLOWSHIP, Non-Stipendiary.**
- July 2020-June 2022 : *How wider social discourses are enacted at the micro-interactional level during unsolicited advice-giving in primary care*. Mildred Blaxter Post-Doctoral Fellowship, Foundation for the Sociology of Health & Illness. **AWARD HOLDER, FELLOWSHIP. £36500**
- October 2015- October 2018: *Using conversation analysis to review and improve referrals to commercial weight management in primary care*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). **AWARD HOLDER, DOCTORAL FELLOWSHIP. £74,884**

GRANTS AND FUNDING

- April 2024-April 2029: Tobacco Risk reDuction with E-cigarette Nicotine Therapy among adults with serious mental illness (TRIDENT). NIHR Programme Grants for Applied Research. Lead Applicant Professor Paul Aveyard, University of Oxford. **CO-APPLICANT/QUALITATIVE LEAD. £2,264,620.**
- April 2024-February 2026: A qualitative study to understand the expectations, experiences, and needs of people who experience weight regain after accessing Weight Management Services. NIHR Policy Research Programme (PRP). Lead Applicant Dr Claire Madigan, Loughborough University. **CO-APPLICANT. £400,000.**
- April 2024- February 2026: Understanding the role of Healthy Weight Coaches in the weight management system. NIHR Policy Research Programme (PRP). **PRINCIPAL INVESTIGATOR. £511,582.**
- September 2022 – September 2024: British Academy Researchers at Risk Fellowship Programme. Linguistic analysis of diabetes treatment recommendations. **COLLABORATOR AND FELLOWSHIP MENTOR. £74,000.00**
- *December 2022- November 2027: Oxford University Hospitals NIHR Biomedical Research Centre: Preventing multiple morbidities*. Lead Applicant Professor Paul Aveyard and Professor Kam Bui, University of Oxford. **CO-APPLICANT/ WORK PACKAGE LEAD. £2,200,000.00**
- July 2021- January 2023: *Understanding and using family experiences of managing long Covid to support self care and timely access to services*. NIHR Long COVID. Lead applicant: Professor Sue Ziebland, university of Oxford. **CO-APPLICANT/ WORK PACKAGE LEAD. £557674**
- January 2022- December 2026: *New remission care pathway: Diabetes Adaptive Weight management Network “NewDAWN”*. National Institute for Health Research Programme Grants for Applied Research Methodology (NIHR PGFAR). Lead applicant Professor Susan Jebb, University Of Oxford. **CO-APPLICANT/ QUALITATIVE LEAD. £2,267,478**
- April 2021-October 2021: *COVID Risk communication between clinicians and FCDO staff and their dependants in high-risk groups: A conversation analysis study and training development & delivery intervention*. UK Foreign Commonwealth and Development Office. **PRINCIPAL INVESTIGATOR. £25000**

- January 2021-December 2021: *Behaviour change techniques for supporting vaccination uptake in adults in primary care: A systematic review and behaviour change techniques analysis*. Oxford Medical School. **PRINCIPAL INVESTIGATOR. £3000**
- January 2021-December 2021: *How effective are clinician-targeted education interventions to influence changes in communication about vaccine uptake in primary care: A systematic review and behavior change techniques analysis*. Oxford Medical School. **PRINCIPAL INVESTIGATOR. £3000**
- December 2020- December 2021. *Research Secondment*. COVID-19 Rebuilding Research Momentum Fund, University of Oxford. **AWARD HOLDER. £5,898.**
- October 2020- January 2021. *Co-designing training to engage older learning disabled people and their carers as Co-Researchers (Co-training for Co-research)*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). **PRINCIPAL INVESTIGATOR. £7,672.**
- June 2020-March 2021: *Optimising the telephone management of people affected or at risk of COVID-19 infection via NHS111 services*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). Lead Applicant Dr Rebecca Barnes, University of Bristol. **CO-APPLICANT. £84,476.**
- April 2020-March 2022: *Preoperative weight management to improve outcomes of cardiac surgery in adults with obesity (SLIMCARD): A multicentre feasibility RCT*. British Heart Foundation. Lead Applicant, Prof Gavin Murphy, Leicester University. **CO-APPLICANT. £262723.**
- April 2020-March 2021: *Understanding standard care smoking cessation advice from Health Care Assistants, Practice Nurses and GPs in the Management of Smoking in Primary Care trial (UnMaSC)*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). Lead Applicant Dr Rebecca Barnes, University of Bristol. **CO-APPLICANT. £102,102.**
- April 2020-December 2020: *Behaviour change techniques for supporting handwashing in pediatric populations: a systematic review and behavioural analysis*. Oxford Medical School. **PRINCIPAL INVESTIGATOR. £3,000**
- January 2020-December 2022. *Using conversation analysis to review and improve very brief interventions for weight loss in primary care*. British Heart Foundation BHF Project Grant no. PG/18/70/34003. **LEAD APPLICANT. £169,488.**
- April 2019-December 2019: *Health Behaviour Change Strategies in the BWeL trial (control arm)*. Oxford Medical School. **PRINCIPAL INVESTIGATOR. £3000**
- July 2019-March 2020: *p-GDm: Prevention of gestational diabetes – A qualitative study*. National Institute for Health Research Oxford Biomedical Research Centre (NIHR BRC). Lead Applicant Dr Lucy McKillop, University of Oxford. **COLLABORATOR. £2,009.**
- October 2018- September 2019. *Discussions of self-management and self-management education during GP consultations with patients with type 2 diabetes*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). Lead applicant, Dr Jamie Ross, University College London (UCL). **CO-APPLICANT. £2,9932**
- November 2018-October 2019. *Using mixed methods to assess the feasibility of using online training with or without a champion to train physiotherapists to implement the evidence-based Back Skills Training Program into routine practice: a pragmatic cluster randomized trial and interview study*. Lead applicant, Dr Amanda Hall, Memorial University, Newfoundland and Labrador, Canada. **CO-APPLICANT. \$75,000 (CANADIAN)**
- October 2018-September 2022: *Resource Package to Support the Uptake of Best Available Evidence for Effective Management of Back Pain in Primary Care*. Newfoundland and Labrador Medical Association: Clinical Stabilisation Fund. Lead applicant, Dr Amanda Hall, Memorial University, Newfoundland and Labrador, Canada. **CO-APPLICANT. \$51,500 (CANADIAN)**
- April 2018-December 2018: *Health Behaviour Change Strategies in the BweL trial (advice arm)*. Oxford Medical School. Role: **PRINCIPAL INVESTIGATOR. £3,000**
- March 2018- December 2018: *Using conversation analysis to explore communication of cardiovascular disease and cancer risk in primary care*. National Institute for Health Research School for Primary Care Research (NIHR SPCR). Lead applicant, Dr Katie Mills, University of Cambridge. **CO-APPLICANT. £15,972.**
- April 2018-December 2018: *Sleep duration and Upper respiratory tract infections: A systematic review and meta-analysis* Oxford Medical School. **CO-APPLICANT. £3,000.**
- April 2017-December 2017: *Honey and upper respiratory tract infections: A systematic review and meta-analysis* Oxford Medical School. **CO-APPLICANT. £3,000.**

PEER REVIEWED PUBLICATIONS*

*Please note last author indicates senior authorship

- Ross, J., Poduval, S., **Albury, C.**, Lau A., Whitaker, N., & Stevenson, F. (2024). Achieving patient weighing in UK primary care. A conversation analytic study. *Social Science and Medicine – Qualitative Research in Health* 5,100384 <https://doi.org/10.1016/j.ssmqr.2023.100384>
- **Albury, C.**, Webb, H., Stokoe, E., Ziebland, S., Koshariis, C., Lee, J.J., & Aveyard, P. (2023) Relationship Between Clinician Language and the Success of Behavioral Weight Loss Interventions: A Mixed-Methods Cohort Study. *Annals of Internal Medicine*, <https://doi.org/10.7326/M22-2360>
- Tremblett, M., Webb, H., Ziebland, S., Stokoe, E., Aveyard, P., & **Albury, C.** (2023) The Basis of Patient Resistance to Opportunistic Discussions About Weight in Primary Care, *Health Communication*, DOI: [10.1080/10410236.2023.2266622](https://doi.org/10.1080/10410236.2023.2266622)
- Hoyle, E., Davies, H., Bourhill, J., Roberts, N., Lee, J.J., & **Albury, C.** (2023) Effectiveness of behaviour change techniques in improving children’s hand-hygiene to reduce illness-related absence in educational settings in high income countries: a systematic review and behaviour change techniques analysis. *Journal of Public Health*. <https://doi.org/10.1007/s10389-023-02044-7>
- Ayre, E., Lee, J.J., Fire, K., Aveyard, P., & **Albury, C.** (2023) GP delivered brief weight loss advice: associations between in-consultation behaviour change techniques and patient weight loss in recorded primary care discussions. *Health Psychology and Behavioral Medicine*. 11:1, DOI: [10.1080/21642850.2023.2213751](https://doi.org/10.1080/21642850.2023.2213751)
- Mellor, K., **Albury, C.**, Dutoon, S., Eldridge, S., & Hopewell, S. (2023) Recommendations for progression criteria during external randomised pilot trial design, conduct, analysis and reporting. *Pilot and Feasibility Studies*. 9, 59 <https://doi.org/10.1186/s40814-023-01291-5>
- Talbot, A., Ford, T., Ryan, S., Mahtani, K., & **Albury, C.** (2023) #TreatmentResistantDepression: a qualitative content analysis of Tweets about difficult-to-treat depression. *Health Expectations*. 1-11. [doi:10.1111/hex.13807](https://doi.org/10.1111/hex.13807)
- **Albury, C.**, Tremblett, M., Webb, H., Begh, R., Barnes, R., Lawrence, W., Walmsley, N., Groenewald, D., Caunter, M., and Patel, D. (2023) Clinician-patient communication about emergency aerial medical evacuation in case of infectious disease. *Journal of Travel Medicine*. <https://doi.org/10.1093/jtm/taad014>
- Tremblett, M., Poon, A., Aveyard, P., & **Albury, C.** (2022). What advice do general practitioners give to people living with obesity to lose weight? A qualitative content analysis of recorded interactions. *Family Practice*. <https://doi.org/10.1093/fampra/cmab137>
- Tremblett, M., Webb, H., Ziebland, S., Stokoe, E., Aveyard, P., & **Albury, C.** (2022) Talking delicately: Providing opportunistic weight loss advice to people living with obesity. *Social Science and Medicine – Qualitative Research in Health*. 2,100162 <https://doi.org/10.1016/j.ssmqr.2022.100162>
- Talbot, A., Lee, C., Ryan, S., Roberts, N., Mahtani, K., & **Albury, C.** (2022) Cyclical Experiences of Primary Mental Health Provision for Treatment-Resistant Mental Health Conditions: A Systematic Review and Thematic Synthesis. *BMC Prim Care*. 16;23(1):207. doi: 10.1186/s12875-022-01819-3.
- Mellor, K., Hopewell, S., Dutton, S., & **Albury, C.** (2022) How are progression decisions made following external randomised pilot trials? A qualitative interview study and framework analysis. *Trials* 23, 132. <https://doi.org/10.1186/s13063-022-06063-9>
- **Albury, C.**, Barnes, R., Ferrey, A., Coleman, T., Gilbert, H., Naughton, F., Aveyard, & Begh, R. (2021). The old and familiar meets the new and unknown: Patient and clinician perceptions on e-cigarettes for smoking reduction in UK general practice, a qualitative interview study. *Addiction*. doi: 10.1111/add.15760
- Epps A, **Albury C**, Van Hecke O. (2021) Exploring Primary Care Clinicians’ Views about How Best to Implement a Potential Trial around Point-of-Care Tests for Common Infections in South Africa. *Diagnostics*. 11(11):2100. <https://doi.org/10.3390/diagnostics11112100>
- Payne Riches, S., Piernas, C., Aveyard, P., Sheppard, J., Rayner, M., **Albury, C.**, & Jebb, S. (2021) A mobile health salt-reduction intervention for people with hypertension: results of a feasibility randomised controlled trial. *JMIR Mhealth Uhealth*. 9(10):e26233. doi: 10.2196/26233.
- Mikulak, M., Ryan, S., Bebbington, P., Bennett, S., Carter, J., Davidson, L., Liddell, K., Vaid, A., & **Albury, C.** (2021) Ethno...graphy?!? I can't even say it": Co-designing training for ethnographic research for people with learning disabilities and carers. *British Journal of Learning Disabilities*. <https://doi.org/10.1111/bld.12424>
- **Albury, C.**, Pope, C., Shaw, S., Greenhalgh, T., Ziebland, S. et al. (2021) Gender in the Consolidated Criteria for Reporting Qualitative Research (COREQ) Checklist, *International Journal for Quality in Health Care*. mzab123, <https://doi.org/10.1093/intqhc/mzab123>
- **Albury, C.**, Webb, H., Ziebland, S., Aveyard, P. & Stokoe, E. (2021) What happens when patients say “no” to offers of referral for weight loss? - Results and recommendations from a conversation analysis of primary care interactions. *Patient Education and Counseling*, doi:<https://doi.org/10.1016/j.pec.2021.08.017>
- Hall, A., Richmond, H., Thompson, J., **Albury C.**, Swab, M., et al. (2021) What behaviour change techniques have been used to improve adherence to evidence-based low back pain imaging? *Implementation Sci* 16, 68. <https://doi.org/10.1186/s13012-021-01136-w>

- Talbot, A., Sailnas, M., **Albury, C.** & Ziebland, S. (2021) People with Weight-Related Long-Term Conditions Want Support from GPs: A Qualitative Interview Study. *Clinical Obesity*, e12471. <https://doi.org/10.1111/cob.12471>
- Robinson, C., **Albury, C.**, McCartney, D., Fletcher, B., Roberts, N., Jury, I. & Lee, J.J. (2021) The relationship between duration and quality of sleep and upper respiratory tract infections: a systematic review, *Family Practice*, cmab033, <https://doi.org/10.1093/fampra/cmab033>
- **Albury, C.**, Ziebland, S., Webb, H., Stokoe, E., & Aveyard, P. (2020) Discussing weight loss opportunistically and effectively in family practice: A qualitative study of clinical interactions using conversation analysis in UK family practice. *Family Practice*, cmaa121, <https://doi.org/10.1093/fampra/cmaa121>
- Hall, A., Richmond, H., Bursley, K., Hansen, Z., Williamson, E., Copsey, B., **Albury, C.**, Asghari, S., Curran, V., Pike, A., Etchegary, H., Lamb, S. (2020) Evaluating the impact of a champion on implementation of the Back Skills Training (BeST) Program in Canada: a mixed methods feasibility study protocol. *BMJ Open*. <https://bmjopen.bmj.com/content/10/11/e040834.long>
- Warr, W., Aveyard, P., **Albury, C.**, Nicholson, B.D., Tudor, K., Hobbs, R., Roberts, N., & Ziebland, S. (2020) Systematic review and thematic synthesis of qualitative studies exploring GPs' and nurses' perspectives on discussing weight with patients with overweight and obesity in primary care. *Obesity reviews*. <https://doi.org/10.1111/obr.13151>
- Schichtel, M., Wee, B., Perera, R., Onakpoya, I., & **Albury, C.** (2020) Effect of behaviour change techniques targeting clinicians to improve advance care planning in heart failure: a systematic review and meta-analysis. *Annals of Behavioral Medicine*. kaaa075, <https://doi.org/10.1093/abm/kaa075>
- Astbury, N.*, **Albury C.***, Nourse, R., & Jebb, S. (2020). Participant experiences of a low-energy total diet replacement programme: a descriptive qualitative sub-study of participant in the Doctor Referral of Overweight People to Low-Energy total diet replacement Treatment (DROPLET) trial. *PLOS ONE*. <https://doi.org/10.1371/journal.pone.0238645> ***Equal contribution**
- Abuelgasim, H., **Albury, C.**, & Lee, J.J. (2020) The effectiveness of honey for symptomatic relief in upper respiratory tract infections: A systematic review and meta-analysis. *BMJ Evidence-Based Medicine*, Published Online First: 18 August 2020. doi: <http://dx.doi.org/10.1136/bmjebm-2020-111336>
- Bourhill, J., Lee, J., Frie, K., Aveyard, P., & **Albury C.** (2020) What makes opportunistic GP interventions effective? An analysis of behaviour change techniques used in 237 GP-delivered brief interventions for weight loss. *Annals of Behavioral Medicine* (2020) XX:1–14 <https://doi.org/10.1093/abm/kaa046>
- Howick, J., Lyness, E., **Albury, C.**, Smith, K., Dambha-Miller, H., et al (2020) Anatomy of positive messages in healthcare consultations: component analysis of messages within 22 randomised trials. *European Journal for Person Centered Healthcare*. 7(4) <http://dx.doi.org/10.5750/ejpc.v7i4.1788>
- **Albury, C.***, Strain, W.D.*, LeBrocq, S., Logue, J., Lloyd, C., & Tahrani, A. (2020) Engagement between healthcare professionals and with people living with obesity, the importance of language: A joint consensus statement. *The Lancet Diabetes and Endocrinology*. 8(5):447-455. [https://doi.org/10.1016/S2213-8587\(20\)30102-9](https://doi.org/10.1016/S2213-8587(20)30102-9) ***Equal contribution.**
- Evans J, Macartney JI, Bankhead C, **Albury, C.**, Jones, D., Ziebland, S., & Nicholson, B.D. (2019). How do GPs and patients share the responsibility for cancer safety netting follow-up actions? A qualitative interview study of GPs and patients in Oxfordshire, UK. *BMJ Open*. 9: e029316. <http://dx.doi.org/10.1136/bmjopen-2019-029316>
- **Albury, C.**, Hall, A., Syed, A., Ziebland, S., Stokoe, E., Roberts, N., Webb, H., & Aveyard, P. (2019) Communication practices for delivering health behaviour change conversations in primary care: A systematic review and thematic synthesis. *BMC Family Practice*. <https://doi.org/10.1186/s12875-019-0992-x>
- Hall, AM., Scurry, S., Pike, A., **Albury, C.**, Richmond, H., Matthews, J., Hayden, J., & Etchegary, H. (2019) Physician-reported barriers to using evidence-based recommendations for low back pain in clinical practice: a systematic review and synthesis using the Theoretical Domains Framework. *Implementation Science*. 14(49). <https://doi.org/10.1186/s13012-019-0884-4>
- Schichtel, M., Wee, B., Perera, R., Onakpoya, I., **Albury, C.**, & Collins, S. (2018) Clinician targeted interventions to improve advance care planning in heart failure: a systematic review and meta-analysis *BMJ Heart*. <http://dx.doi.org/10.1136/heartjnl-2019-314758>
- **Albury, C.**, Stokoe, E., Webb, H., Ziebland, S., & Aveyard, P. (2018). GP-delivered brief weight loss interventions: a cohort study of patient responses and subsequent actions, using conversation analysis in UK primary care. *British Journal of General Practice*. Doi: <https://doi.org/10.3399/bjgp18X698405>
- Albert, S., **Albury, C.**, Alexander, M., Harris, T., Hofstetter, E., Holmes, T. & Stokoe, E. (2018) The conversation rollercoaster: How Talkaoke and Chat Lab can communicate conversation analysis to the public. *Discourse Studies*. 20(3):397-424. <doi.org/10.1177/1461445618754571>
- Frie, K., Hartmann-Boyce, J., Jebb, S., **Albury, C.**, Nourse, R., & Aveyard, P. (2017) Insights from Google Play Store User Reviews for the Development of Weight Loss Apps: An App Market Review. *JMIR Mhealth Uhealth*. 22: 5(12):e203. doi: <10.2196/mhealth.8791>

PUBLISHED GUIDELINES AND TRAINING

- **Dowrick A**, Wild C, Peters C, Hassan E, Annable-Coop C, **Albury C**, Tremblett M, Hinton L, Locock L, MacLean A, Hunt K, Ziebland S. (2023) Experiences of Long Covid in Families on healthtalk.org: <https://healthtalk.org/Family-experiences-of-Long-Covid/overview>
- **Albury, C.**, Tremblett, M., Webb, H., Begh, R., Barnes, R., Lawrence, W., Walmsley, N., Groenewald, D., Caunter, M., and Patel, D. (2022) Training Module: COVID Risk communication between clinicians and UK government staff. UK Foreign Commonwealth and Development Office Intranet. UK Foreign Commonwealth and Development Office.
- **Albury, C.**, LeBrocq, S., Kar, P., Logue, J., Lloyd, C., Tahrani, A. & Strain, D. (2021) Language matters: Obesity. A guide to conversations between healthcare professionals and people living with obesity. Obesity UK. [Available online](#).
- **Albury**, Stokoe, E., Webb, H., Ziebland, S., & Aveyard, P. (2021). Supportive and effective conversations about weight management referrals. Adult weight management: short conversations with patients. Public Health England. [Available online](#).
- Thompson, L., Blackshaw, B., Coulton, V., **Albury, C.**, & Tedstone, A. (2017) Let's Talk About Weight: A step-by-step guide to conversations about weight management with children and families for health and care professionals. Public Health England. [Available online](#). Ref: PHE publications gateway number 2017402.

SELECTED ORAL PRESENTATIONS AND PANELS

- **Albury, C.**, Tremblett, M., Lee, J.J. Stokoe E., Webb, H., Ziebland S, & Aveyard P. Communicating weight loss advice in primary care: Using conversation analysis to develop online education resources for clinicians. International Conference on Communication in Healthcare (ICCH), Rio Mar, Puerto Rico, 2023.
 - Prizes:
 - Top Presentation- best presentation at the conference
 - Top 10 oral abstract – Top 10 submitted abstract
- **Albury, C.**, Tremblett, M., Lee, J.J. Stokoe E., Webb, H., Ziebland S, & Aveyard P. Communicating weight loss advice in primary care: Using conversation analysis to develop online education resources for clinicians. Society For Academic Primary Care (SAPC) Annual Scientific Meeting, Brighton, July, 2023.
 - Prizes:
 - Education prize- best education presentation at the conference
 - NPGRAG Prize – best early/mid-career presentation at the conference
- Bergen,C., Jenkins, L., **Albury, C.**, Tremblett, M., Flint, N., Barnes, R., Smart, C., McCabe, R., Potter, J., & Hepburn, A. Risk assessments and risk talk in medical settings: A comparative multi-team approach. Panel. Digital Meeting for Conversation Analysis (DMCA), International Society for Conversation Analysis (ISCA), online, 2022.
- **Albury, C.**, Tremblett, M., Webb, H., Begh, R., Barnes, R., Lawrence, W., Walmsley, N., Groenewald, D., Caunter, M., & Patel, D. A conversation analysis of personal COVID-19 risk communication in a global pandemic. International Conference on Communication in Healthcare (ICCH), Caledonian University, Online, September 2022.
- **Albury, C.**, Barnes, R., Ferrey, A., Aveyard, P., & Begh, R. “it’s got to be an enjoyable experience” – How the sensory landscapes experienced by smokers switching to e-cigarettes accounted for successful or unsuccessful uptake. BSA Medical Sociology (Med Soc) Conference, September 2021.
- **Albury, C.**, Barnes, R., Ferrey, A., Aveyard, P., & Begh, R. The old and familiar meets the new and unknown: Patient and clinician perceptions on the safety of e-cigarettes for smoking reduction in general practice. SW SAPC, Warwick University (virtual), March, 2021.
- **Albury, C.**, Barnes, R., Ferrey, A., Aveyard, P., & Begh, R. Overcoming patient resistance to using a free e-cigarette to support smoking reduction in a primary care trial. UKSBM Annual Scientific Meeting 2021. Virtual, January 2021.
- **Albury C**, Webb H, Ziebland S, Stokoe E, & Aveyard P. Brief opportunistic interventions for weight loss: associations between doctors’ intervention style and patient action. SPCR Research Showcase. Royal College of Physicians, London, UK. November 2019.
- **Albury C**, Webb H, Ziebland S, Stokoe E, & Aveyard P. How the presentation of UK GP weight management referrals as good news or bad news impacts on patient action. 7th International meeting on Conversation analysis and clinical encounters, Bristol University. July 2019.
- **Albury, C.**, Hall, A., Syed, A., Ziebland, S., Stokoe, E., Roberts, N., Webb, H., Aveyard, P. (2018) Clinicians’ communication practices for delivering health behaviour change conversations and patient responses to the strategies employed: A systematic review and thematic synthesis. UK Society for Behavioural Medicine 14th Annual Scientific Meeting, Birmingham, December 2018 (**Symposium - Conversation analysis: a valuable method for behaviour change research**).

- **Albury C.,** Webb, H., Stokoe, E., Ziebland, S., and Aveyard, P. *Telling the News in the BWeL trial: Presenting referral to commercial weight management services as good news or bad news and implications for patient action*. UK Society for Behavioural Medicine 14th Annual Scientific Meeting, Birmingham, December 2018 (**Symposium - Conversation analysis: a valuable method for behaviour change research**).
- **Albury, C.,** Stokoe, E., Webb, H., Ziebland, S., & Aveyard, P. *The impact of footing shifts on patient responses in a brief intervention for weight loss in primary care*. ICCA: 5th International Conference of Conversation Analysis. Loughborough University, July 2018.
- Underhill, R. & **Albury, C.** *Defining empathy in healthcare*. Oxford Empathy Programme, International Empathy Colloquium. University of Oxford, October, 2017. **Key note address**
- **Albury, C.,** Webb, H., Stokoe, E., Ziebland, S., & Aveyard, P. *The impact of linking weight with health on patient outcomes in a brief intervention for weight loss*. SPCR Research Showcase 'Working Better Together'. University of Oxford, September 2017
- **Albury, C.,** Webb, H., Ziebland, S., Stokoe, E. & Aveyard, P., *Strategies for linking weight with health in the BWeL Trial*. International Conference on Conversation analysis and clinical encounters, Bristol University, July 2017
- **Albury, C.,** Ziebland, S., Webb, H., Aveyard, P. & Stokoe, E. *Associating patient responses to brief opportunistic interventions for weight loss with long-term outcomes*. International Conference on Conversation analysis and clinical encounters, Bristol University, July 2017
- **Albury, C.,** Ziebland, S., Webb, H., Aveyard, P. & Stokoe, E. *Associating patient responses to brief opportunistic interventions for weight loss with long-term outcomes*. PriFor Conference, Memorial University, Newfoundland, Canada, May 2017
- **Albury C.,** Stokoe E, Ziebland S, Aveyard P. 'Yeah' versus 'Oh yeah' – Using conversation analysis to examine patient response to very brief opportunistic behaviour change interventions. SW SAPC, Oxford, February 2017
- **Albury C.,** Fooks P, Mimpfen, J, Lancome S Ahn, A. *FGM reporting by healthcare professional in England and Wales*. Polygeia Global Health conference, Wellcome Collection London, November 2016.

ORAL PRESENTATIONS OF CO-AUTHORED WORK

- **Talbot, A.,** Heath, L. Ryan, S., Mahtani, K. R., & **Albury, C.** The Contested Zone; Interviews with GPs About Their Beliefs About Treatment-Resistant Depression. BSA Sociology Conference. University of Manchester, April 2023.
- **Dowrick A,** Wild C, Peters C, Hassan E, Annable-Coop C, **Albury C,** Tremblett M, Hinton L, Locock L, MacLean A, Hunt K, Ziebland S. 'Family experiences of Long Covid: exploring communication between general practitioners and families through interactive theatre workshops' – panel presentation, SW SAPC March 2023.
- **Joyce JB,** Newbert C, Guess N, Mitchell C, **Albury C.** Researching together: putting PPIE co-researchers at the heart of research. Paper presented at: UK Society for Behavioural Medicine; 2023 Mar 28-29; Birmingham, UK.
- **Joyce JB,** Newbert C, Mitchell C, **Albury C.** Developing supportive conversations about type 2 diabetes: combining narrative interviews with patients and coaches using thematic analysis. Paper presented at: The Society for Academic Primary Care SW; 2023 Mar 16-17; Birmingham, UK.
- **Quershi, B.,** Osahon, D.P., Chang, M., Morris, I., Roberts, N., **Albury, C.,** & Lee, J.J. A systematic review and behaviour change techniques analysis of interventions supporting influenza vaccination uptake in adults in primary care settings. General practice Research on Infections Network (GRIN) Conference, Lund Sweden, September 2022.
- **Tremblett, M.,** Webb, H., Ziebland, S., Stokoe, E., Aveyard, P, & **Albury, C.,** Explicit resistance within unsolicited conversations about weight in primary care. International Conference on Communication in Healthcare (ICCH), Caledonian University, Online, September 2022.
- **Harwood, J., Albury, C.,** de Beyer, J., Schlüssel, M., & Collins, G. Using behaviour change theory to increase usage of reporting guidelines. World Conference in Research Integrity. Cape Town, South Africa, May, 2022.
 - Prizes: 1st place for doctoral forum, and 2nd for ECR presentations.
- **Talbot, A.,** Ford, V., Ryan, S., Mahtani, K. R., & **Albury, C.** #TreatmentResistantDepression: A Qualitative Content Analysis of Tweets about Treatment-Resistant Depression. BSA Medical Sociology (Med Soc) Conference. University of Lancaster, forthcoming, 2022
- **Mellor, K.,** Dutton, S. J., Hopewell, S., & **Albury, C.** 'How are Progression Decisions Made Following External Randomised Pilot Trials? A Qualitative Interview Study and Framework Analysis', Contributed Session. *Society for Clinical Trials*, San Diego, June 2022: <https://www.sctweb.org/meeting/>

- **Talbot, A.,** Ford, V., Ryan, S., Mahtani, K. R., & **Albury, C.** #TreatmentResistantDepression: A Qualitative Content Analysis of Tweets about Treatment-Resistant Depression. SAPC Mental Health - Safety, Quality, and Effectiveness. University of Manchester, Online, June 2022.
- **Talbot, A.,** Lee, C., Ryan, S., Mahtani, K. R., & **Albury, C.** Experiences of Treatment-Resistant Mental Health Conditions in Primary Care: A Systematic Review and Thematic Synthesis. SW SAPC-. University of Exeter – Online, May 2022
- **Tremblett, M., Albury, C.,** Ziebland, S., Webb, H., Stokoe, E., & Aveyard, P. (2021) "It's gonna be a bit .. awkward" How UK GPs orient to obesity as a delicate topic in their talk. In British Sociological Association MedSoc Conference. Online. September 2021.
- **Mellor, K.,** Dutton, S. J., Hopewell, S. & **Albury C.** 'How are progression decisions made following external randomised pilot trials? A qualitative interview study and framework analysis', Session 3: Contributed talk; Tuesday A: Innovations in clinical trial design. *Australian Trials Methodology Conference*, Virtual meeting, 2021: <https://atmc21.vfairs.com/en/>
- **Hoyle, E.,** Lee, J., Davies, H., Bourhill, J., & **Albury, C.** Effectiveness of behaviour change techniques in improving children's hand hygiene to reduce illness-related absence in educational settings in high-income countries: a systematic review. SAPC ASM, Online, June 2021.
- **Tremblett, M., Albury, C.,** Webb, H., Ziebland, S., Stokoe, E., & Aveyard, P. The impact of words chosen to describe obesity on patient engagement with brief weight loss advice. SW SAPC, Warwick University, March, 2021
 - Prize: ECR 1st Prize Presentation
- **Albury, C.,** Barnes, R., Ferrey, A., Aveyard, P. & **Begh, R.** "I do enjoy having my ciggie" – How enjoyment of smoking affects use of a free e-cigarette in hard core smokers. UKSBM Annual Scientific Meeting 2021. Virtual, January 2021.
- **Mills K., Albury C.,** Barnes, R., Duschinsky, R., Griffin, S., Usher-Smith, J.A. *Using conversation analysis to explore communication of cardiovascular disease and cancer risk in primary care.* SAPC Annual Scientific Meeting (SAPC ASM), Exeter, 2019
- **Bourhill, J.,** Lee, J., Frie, K., McCartney, D., Fletcher, B, Aveyard, P., **Albury C.** *The role of behaviour change techniques in explaining the effectiveness of very brief GP opportunistic interventions.* UK Society for Behavioural Medicine 14th Annual Scientific Meeting, Birmingham, December 2018
- **Bourhill, J.,** Aveyard, P. Frie, K., Lee, J., McCartney, D., Fletcher, B, **Albury C.** *What makes GP opportunistic interventions effective? Effective behaviour change techniques in 251 GP-delivered brief interventions for weight loss.* SPCR Research Showcase, Wellcome Trust, November 2018
- **Hall, A.,** Richmond, H., Scurrey, S., **Albury, C.,** et al. *What behaviour change techniques have been used to reduce physician's image-ordering for low back pain.* Choosing Wisely Canada's 3rd Annual National Meeting: Leading and Implementing Change. Toronto, April 2018.
- **Scurrey, S., Albury, C.,** Richmond, H., Etchegary, H., Parfrey, P., Matthews, J. & Hall, A. *Exploring Physician-reported barriers and facilitators to using evidence-based recommendations regarding imaging for low back pain: a meta-synthesis using the Theoretical Domains Framework.* Choosing Wisely Canada's 3rd Annual National Meeting: Leading and Implementing Change. Toronto, April 2018.

POSTER PRESENTATIONS OF CO-AUTHORED WORK

- **Talbot, A.,** Heath, L. Ryan, S., Mahtani, K. R., & **Albury, C.** The Contested Zone; Interviews with GPs About Their Beliefs About Treatment-Resistant Depression. BJGP Conference. Royal College of General Practitioners, London, March 2023.
- Joyce JB, Newbert C, Mitchell C, **Albury C.** Developing supportive conversations about type 2 diabetes: combining narrative interviews with patients and coaches using thematic analysis. Paper presented at: The Society for Academic Primary Care SW; 2023 Mar 16-17; Birmingham, UK.
- Joyce JB, Newbert C, Guess N, Mitchell C, **Albury C.** Researching together: putting PPIE co-researchers at the heart of research. Paper presented at: The Society for Academic Primary Care SW; 2023 Mar 16-17; Birmingham, UK.
- Harwood, J., de Beyer, J., **Albury, C.,** Kirtley, S., Logullo, P., Schlüssel, M., Struthers, C., & Collins, G. Identifying potential improvements to how reporting guidance is disseminated using behaviour change theory: focus groups with experts. Reproducibility, Replicability and Trust in Science. Wellcome Genome Campus, Online, September, 2022.
- **Epps, A. Albury, C.,** & Van Heck, O. Exploring primary care clinicians' views about how best to implement a potential future trial around point-of-care tests for common infections in South Africa. SW SAPC, Warwick University, March, 2021.
- **Ayre E,** Lee, J, Frie K, Aveyard P. and **Albury C.** Associations between GP-delivered behavioural change techniques and patient weight loss in the BWeL trial. School for Primary Care Research Showcase. Wellcome Trust, November 2019 (accepted).

- **Mills, K., Albury, C.,** Barnes, R., Duschinsky, R., Griffin, S., and Usher-Smith, J.A.; *Using conversation analysis to explore communication of cardiovascular disease and cancer risk in primary care*. SPCR Research Showcase, Wellcome Trust, November 2018
- **Jury, I.,** McCartney, D., Robinson, C., Lee, J., **Albury, C.,** and Fletcher, B. *Systematic review comparing the outcomes and recurrence rates of hiatus hernias following either mesh or suture-based repair surgery*. SPCR Research Showcase, Wellcome Trust, November 2018
- **Robinson, C., Albury, C.,** McCartney, D., Fletcher, B., Jury, I., and Lee, J. *Investigating whether sleep quantity and quality influences the frequency and duration of upper respiratory tract infections: a systematic review*. SPCR Research Showcase, Wellcome Trust, November 2018

PUBLICITY AND MEDIA

TV, RADIO AND NEWS:

- [How doctors communicate with patients with obesity can have a significant impact on their weight loss success –](#) Interview with BBC World Service ‘Health Check’. 2023
- Clinical communication and weight loss research featured in key newspapers including:
- ‘Language Matters: Obesity’ guidelines featured in [The Times](#), and [The Daily Mail](#), 2020
- Research on honey as a treatment for URTI featured in key newspapers, including: [The Independent](#); [The Sun](#); [The Daily Mail](#); [The Guardian](#); [Pulse Today](#); and [The Times](#). 2020
- Interviewed on BBC radio Oxford about research on honey as a treatment for URTI
- ‘How to talk to the world about coronavirus’ featured in: – [The Medical News](#); [AlphaGalileo](#).
- BBC documentary “[Britain's Fat Fight with Hugh Fearnley-Whittingstall](#)”. 2018
- Weight loss communication research discussed on ITV’s Loose Women. 2018



PODCASTS, VIDEOS, AND MAGAZINES:

- The Words Matter Podcast 47: The Qualitative Research Series - Uncovering the machinery behind interaction through conversation analysis with Dr Charlotte Albury. [Invited podcast](#). The Words Matter Podcast July 2021.
- Obesity: how to broach the subject of a patient’s weight with confidence and sensitivity - What nurses should know about tackling a potentially sensitive subject – [Interview with Nursing Standard magazine](#), July 2021
- Patient cues about weight loss may predict action- [Interview](#) with Heallo family medicine, October 2018
- Let’s talk about weight - [Interview](#) with NIHR SPCR News, October 2017
- The Conversational Rollercoaster at New Scientist Live 2016 ([YouTube](#) Mini Documentary)

BLOGS:

- NIHR SPCR Blog - [Building interdisciplinary research](#), July 2023
- Using NVivo for CA – [ROLSI Guest Blog](#) (with Dr Tilly Flint), August 2021
- “Ethnography who?” Co-designing training for ethnographic research for people with learning disabilities and family carers. [Invited Blog](#), National Institute for Health Research School for Primary Care Research (NIHR SPCR), July 2021
- Guest blog: Why didn’t people follow the government’s advice on COVID-19? - Invited ROLSI [guest blog](#), March 2020
- ‘Language Matters’ when talking about weight - [Invited blog](#) for World Obesity Day NIHR SPCR, March 2020
- Teaching Conversation analysis to clinicians – Invited ROLSI [guest blog](#), September 2018
- Exchanging Skills and Ideas across the School for Primary Care Research – [Invited blog](#), NIHR SPCR, April, 2017
- Enhancing communication in clinical settings NIHR SPCR [News](#), January 2017
- Training day development – [Article](#) for NIHR SPCR News, January 2017
- The chat lab at New Scientist Live – A novel way of engaging the public with research – [Invited blog](#), NIHR SPCR, October, 2016