

Sarah Peters BSc, MA, PhD, AFBPSs

Division of Psychology & Mental Health, School of Health Sciences

<https://www.research.manchester.ac.uk/portal/sarah.peters.html>**Education:**

PhD Psychology	<i>University of Manchester</i>	2001
MA Psychology	<i>University of Liverpool</i>	1994
BA Combined Hons (social and environmental science)	<i>University of Liverpool</i>	1993

Qualifications:

Associate Fellow	<i>British Psychological Society</i>	2013
Health Psychologist	<i>Health Care Professions Council (PLY18757)</i>	2009
Chartered Psychologist	<i>British Psychological Society</i>	2007
PGCert in Higher Education	<i>University of Liverpool</i>	2006

Appointments:

Professor of Health Psychology	<i>University of Manchester</i>	2022 to date
Senior Lecturer	<i>University of Manchester</i>	2007 to 2022
Lecturer	<i>University of Liverpool</i>	2000 – 2006
Research Associate	<i>University of Manchester (DoH funded)</i>	1996 – 1999
Research Assistant	<i>University of Liverpool (MRC-funded)</i>	1994 – 1996

B. RESEARCH:**Publications:**

- Goldthorpe J, Kilbee L, Pretty I, Cotterill S, Hart J, **Peters S**. (2024) Supporting postpandemic recovery: capabilities, opportunities and motivations of practitioners to deliver oral health promotion and behaviour change messages to parent of young children in community settings. doi.org/10.1186/s12903-024-04344-0 *BMC Oral Health*
- Peters S**, Smith D. (2024) Creating a Healthy Research Culture through effective Supervision. In *Mental Health and Wellbeing of Postgraduate Researchers*. Routledge (Editors, Gower O, Creaton J)
- Long HA, Brooks JM, Maxwell AJ, **Peters S**, Harvie M, French D. (2024) Healthcare professionals' experiences of caring for women with false-positive screening test results in the NHS Breast Screening Programme. *Health Expectations* 27(2):e14023. doi: 10.1111/hex.14023
- Sidu-Sehmbi T, Wearden A, **Peters S**, Dienes K. (2024) 'The world was going through what we go through everyday': The experiences of women with Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) living with their partners during the COVID-19 pandemic in the UK. *British Journal of Health Psychology* doi: 10.1111/bjhp.12717
- Capobianco L, Hann M, McManus E, **Peters S**, Doherty P, Ciotti G, Wells A. (2024) Cardiac Rehabilitation for children and young people (CARDIOACTIVE): Protocol for a single-blind feasibility study of a cardiac rehabilitation programme versus usual care in 11-16 year olds with heart conditions. *BMJ Open* doi: 10.1136/bmjopen-2023-077958
- Talbot HM, **Peters S**, Furber C, Smith DM. (2024) Midwives' experiences of discussing health behaviour change within routine maternity care: a systematic review and meta-synthesis. *Women and Birth*. Doi.org/10.1016/j.wombi.2024.01.002
- Goulding R, Birtwell K, Mann H, **Peters S**, H Van Marwijk, Bower P. (2024). Safer Patients Empowered to Engage and Communicate about Health (SPEECH) in primary care: a feasibility study and process evaluation of an intervention for older people with multiple long-term conditions (multimorbidity). *BMC Primary Care BMC Primary Care* 25(12).
- Gooding P, Haddock G, Harris K, Asriah M, Awenat Y, Cooke L, Drake R, Emsley R, Huggett C, Jones S, Lobban F, Marshall P, Pratt D, **Peters S**. (2024) The interplay between suicidal experiences, psychotic experiences and interpersonal relationships: a qualitative study. *BMC Psychiatry* 23, 873. doi.org/10.1186/s12888-023-05164-2
- Lee R, McDonagh JE, Rapley T, Farre A, Connelly M, Palermo TM, Toupin-April K, Wakefield E, **Peters S**, Cordingley L. (2023) 'My gut feeling is..' an ethnographic study investigating interprofessional communication about children and young people with chronic musculoskeletal pain in paediatric and adolescent rheumatology. *The Journal of Pain* doi:[10.1016/j.jpain.2023.07.010](https://doi.org/10.1016/j.jpain.2023.07.010)

10. Longden E, Branitsky A, Jones W, **Peters S.** (2023) When therapists talk to voices: perspectives from service-users who experience auditory hallucinations. *Psychology & Psychotherapy: Theory, Research and Practice* DOI: 10.1111/papt.12489
11. Collins S, **Peters S,** Watt I. (2010, 2nd edition 2023) Medical Communication. In: *Handbook of Applied Linguistics*, Routledge.
12. **Peters S** et al (2023) What is important to service users and staff when implementing suicide-focused psychological therapies for people with psychosis into mental health services? *Frontiers of Psychiatry* 14 doi.org/10.3389/fpsy.2023.1154092
13. Harris K, Gooding P, Awenat Y, Cook L, Haddock G, Huggett C, Peeney E, Pratt D, **Peters S.** (2023) Acceptability of novel suicide prevention psychological therapy for people who experience non-affective psychosis. *Psychology & Psychotherapy: Theory, Research and Practice* 96(3):560-576. doi: 10.1111/papt.12456.
14. Gooding P, Crook R, Westwood M, **Peters S.** (2023) Social support resilience as a protective mental health factor in postgraduate researchers' experiences: a longitudinal analysis. *Studies in Graduate & Postdoctoral Education* 14(3) 245-258
15. Lee R, Mountain D, Connelly M, Palermo TM, **Peters S,** Cordingley L, McDonagh JE. (2023) 'That's what makes me better': Investigating children and adolescents' experiences of pain communication with healthcare professionals in paediatric rheumatology. *European Journal of Pain* 27(1) 111-128. DOI: 10.1002/ejp.2043
16. Rockliffe L, Smith D, Heazell A, **Peters S.** (2022). A qualitative investigation of influences on eating behaviour throughout pregnancy. *BMC Pregnancy Childbirth* 22, 939. <https://doi.org/10.1186/s12884-022-05135-7>
17. Longden E, Corstens D, Bowe S, Pyle M, Emsley R, **Peters S,** Branitsky A, Chauhan N, Dehmahdi N, Jones W, Holden N, Larkin A, Miners A, Murphy E, Steele A, Morrison AP. (2022). A psychological intervention for engaging dialogically with auditory hallucinations (Talking With Voices): A single-site, randomised controlled pilot and feasibility study. *Schizophrenia Research*. 250, 172-179 DOI: [10.1016/j.schres.2022.11.007](https://doi.org/10.1016/j.schres.2022.11.007)
18. Goldthorpe J, Hart J, Pretty I, Cotterill S, **Peters S.** (2022) How to Maximize the Usefulness of Behaviour Change Conversations with Patients during Routine Dental Consultations. *Dental Update* 49 (3).
19. Alsubhi M, Epton T, Goldthorpe J, **Peters S.** (2022) A qualitative investigation of the health behaviours of young children from refugee families: using photo elicitation interviews. *Health Psychology & Behavioural Medicine*. v10 (1) 1086-1109.
20. **Peters S** et al. (2022). A systematic investigation of the short and long term experiences of taking part in research about suicidal thoughts and acts in the context of a randomized controlled trial. *Social Science & Medicine – Mental Health*. doi.org/10.1016/j.ssmmh.2022.100157
21. Coupe N, **Peters S,** Ayers M, Clabon K, Chisholm A. (2022) Educators' experiences and perspectives on child weight discussions with parents in primary school settings. *BMC Public Health* doi:10.1186/s12889-022-13210-z
22. Chisholm A, Coupe N, Ujhelyi Gomez K, Hart J, **Peters S.** (2022) Exploring primary school years interactions around child weight: A qualitative meta-synthesis of school staff, parent and child views and experiences. *Obesity Reviews*
23. Rockliffe L, **Peters S,** Smith D, Heal C, Heazell A. (2022) Investigating the utility of the COM-B and TM model to explain changes in eating behaviour during pregnancy: A longitudinal cohort study. doi.org/10.1111/bjhp.12590
24. Rockliffe L, **Peters S,** Heazell A, Smith D. (2022) Understanding pregnancy as a teachable moment for behaviour change: A comparison of the COM-B and Teachable moments models. *Health Psychology and Behavioral Medicine*
25. Lee R, McDonagh JE, Farre A, **Peters S,** Cordingley L, Rapley T. (2022). Data protection, information governance and the potential erosion of ethnographic methods in healthcare? *Sociology of Health & Illness*. doi.org/10.1111/1467-9566.13408
26. Swift E, Kelly C, **Peters S,** O'Brien M. (2022) Healthcare professionals' perceptions of pulmonary rehabilitation as a management strategy for patients with chronic obstructive pulmonary disease: A critical interpretive synthesis. *Disability and Rehabilitation* 44(4):520-535doi:10.1080/09638288.2020.1769745
27. Harris K, Haddock G, **Peters S,** Gooding P. (2021) Psychometric properties of the Suicidal Ideation Attributes Scale (SIDAS) in a longitudinal sample of people experiencing non-affective psychosis *BMC Psychiatry*
28. Longden E, Branitsky A, Jones W, **Peters S.** (2021) "Like a core belief that's able to speak back to you": Therapist accounts of dialoguing with auditory hallucinations. *PAPTRAP* doi:[10.1111/papt.12373](https://doi.org/10.1111/papt.12373)
29. Lee R, McDonagh JE, Connelly M, **Peters S,** Cordingley L. (2021) Identifying the content and context of pain within paediatric rheumatology health professional curricula in the UK: A summative content analysis *Paediatric Rheumatology* 19:129 doi.org/10.1186/s12969-021-00614-1
30. Lyons S, **Peters S,** Currie S, Lavender T, Smith D. (2021) Exploring psychological factors associated with breastfeeding in women with a BMI $\geq 30\text{kg/m}^2$ *Psychology & Health* doi.org/10.1080/08870446.2021.1974022
31. Coupe N, Cotterill S, **Peters S.** (2021) Enhancing community weight loss groups in a low socioeconomic status area: Application of the COM-B model and Behaviour Change Wheel. *Health Expectations* doi.org/10.1111/hex.13325

32. Rockliffe L, **Peters S**, Heazell A, Smith D. (2021) Systematic review of determinants of health behaviour change during pregnancy. *Health Psychology Review* <https://doi.org/10.1080/17437199.2021.1938632>
33. Crook R, Gooding P, Whittaker C, Edge D, Faichnie C, Westwood M, **Peters S**. (2021) Mixed-methods investigation of Postgraduate Researcher wellbeing and help-seeking. *Studies in Graduate and Postdoctoral Education* doi.org/10.1108/SGPE-08-2020-0056
34. Neipp, MC, Martínez-González, MC, Chisholm, A, **Peters, S**, Hart, J. (2021) Translation and application of behaviour change technique obesity training to a Spanish nursing undergraduate setting. *Fundación Española para la Ciencia y la Tecnología*
35. Longden E, Corstens E, Pyle M, Emsley R, **Peters S**, Chauhan N, Dehmahdi N, Morrison AP. (2021) Engaging dialogically with auditory hallucinations: Design, rationale and baseline sample characteristics of the Talking With Voices Pilot Trial. *Psychosis: Psychological, Social & Integrative Approaches*. Doi: 10.1080/17522439.2021.1884740
36. Joseph S, Hart J, Chisholm A, Robinson S, Goldthorpe J, **Peters S**. (2021) A feasibility and acceptability study of an e-training intervention to facilitate health behaviour change conversations in dental care settings. *British Dental Journal* doi.org/10.1038/s41415-021-2722-8
37. Harris K, Haddock G, **Peters S**, Gooding P. (2021) The long-term relationship between psychological resilience, psychosis, distress and suicidal thoughts and behaviors. *Schizophrenia Bulletin Open*. doi.org/10.1093/schizbullopen/sgaa071
38. Jones W, Byrne RE, Shiers D, **Peters S**, Parker S. (2020) "It felt very special, it felt customized to me" A qualitative investigation of the experiences of participating in a clinical trial of CBT for young people at risk of bipolar disorder. *Psychology and Psychotherapy: Theory, Research and Practice* doi.org/10.1111/papt.12313
39. Harris K, Gooding P, Peters S, Haddock G. (2020) Investigating the perceived impact of psychosis on suicidal thoughts and behaviours *Schizophrenia Bulletin Open*. doi.org/10.1093/schizbullopen/sgaa038
40. Morrison AP, Pyle M, Maughan D, Johns L, Freeman D, Broome MR, Husain N, Fowler D, Hudson J, MacLennan G, Norrie J, Shiers D, Hollis C, James A and MAPS group. (2020) A feasibility randomised controlled trial comparing antipsychotic medication to psychological intervention to a combined treatment in adolescents with first episode psychosis: The Managing Adolescent first episode Psychosis Study (MAPS). *Lancet Psychiatry* doi.org/10.1016/S2215-0366(20)30248-0
41. Byrne RE, Reeve S, Bird J, Jones W, Shiers D, Morrison AP, Pyle M, **Peters S**. (2020) Clinicians' views of treatment types for first episode psychosis delivered in a randomised controlled trial (MAPS) *EclinicalMedicine – The Lancet* 24 doi.org/10.1016/j.eclinm.2020.100421
42. Byrne RE, Bird J, Reeve S, Jones W, Shiers D, Morrison AP, Pyle M, **Peters S**. (2020) Understanding young peoples' and family members' views of treatment for first episode psychosis in a randomised controlled trial (MAPS) *EclinicalMedicine – The Lancet* 24 doi.org/10.1016/j.eclinm.2020.100417
43. Al-Subhi M, Epton T, Goldthorpe J, **Peters S**. (2020) What factors are associated with obesity-related health behaviours among child refugees following resettlement in developed countries? A Systematic review and synthesis of qualitative and quantitative evidence. *Obesity Reviews*
44. Gooding P, Pratt D, Awenat Y, Drake R, Elliot R, Emsley R, Huggett C, Jones S, Kapur N, Lobban F, **Peters S**, Haddock G. (2020) A psychological intervention for suicide applied to non-affective psychosis: the CARMS (Cognitive Approaches to coMbatting Suicidality) RCT protocol. *BMC Psychiatry* 20:305 doi.org/10.1186/s12888-020-02697-8
45. Chisholm A, Byrne-Davies L, **Peters S**, Benstock J, Suzanne G, Hart J. (2020) Online behaviour change technique training to support healthcare staff 'Make Every Contact Count'. *BMC Health Services* 20:390 doi.org/10.1186/s12913-020-05264-9
46. Kumar K, Bradbury-Jones, Armitage CJ, **Peters S**, Raizda S, Wong P. (2020) Comparing reactions to written leaflets, online information and real-time Doppler images among South Asian patients with rheumatoid arthritis. *Rheumatology Advances in Practice*
47. Forde R, **Peters S**, Wittkowski A. (2020) Recovery from postpartum psychosis: a systematic review and metasynthesis of women's and families' experiences. *Archives Women's Ment H* doi.org/10.1007/s00737-020-01025-z
48. Clements C, Kapur N, Jones S, Morriss R, **Peters S**. (2019) Qualitative investigation of relatives' and patients' experiences of mental health care for suicidal behaviour in bipolar disorder. *BMJ Open*
49. Forde R, **Peters S**, Wittkowski A.(2019) Psychological interventions for managing postpartum psychosis: A qualitative analysis of women's and family members' experiences and preferences. *BMC Psychiatry* 19,
50. Awenat Y, **Peters S**, Gooding P, Pratt D, Huggett C, Harris K, Armitage C, Haddock G. (2019) Qualitative analysis of staff views of facilitators during research of a novel suicide prevention psychological therapy for psychiatric inpatients: Understanding the barriers and facilitators *PlosOne* 14(9) doi:10.1371/journal.pone.0222482
51. Jones S, Berry K, Robinson H, Barrowclough C, Bateman L, Roberts C, Hilton C, Holland F, Owen R, Hartwell R, Long R, M Fitzsimmons M, **Peters S**, Wilson I, Weymouth E, Riste L. (2019) Feasibility and acceptability of integrated psychological

- therapy versus treatment as usual for people with bipolar disorder and co-morbid alcohol use: a single blind randomised controlled trial. *Journal of Affective Disorders*. 256 86-95. doi.org/10.1016/j.jad.2019.05.038
52. Harris K, Haddock G, **Peters S**, Gooding S. (2019) Psychological resilience to suicidal thoughts and behaviours in people with schizophrenia: a systematic literature review *Psychology & Psychotherapy: Theory, Research and Practice* doi:10.1111/papt.12255
53. Littlewood D, Harris K, Gooding P, Pratt D, Haddock G, **Peters S**. (2019) *Using my demons to make good*: The short- and long-term impact of participating in suicide-related research. *Archives of Suicide Research* doi.org/10.1080/13811118.2019.1663330
54. Coupe N, **Peters S**, Rhodes S, Cotterill S. (2019) The effect of commitment-making on weight loss and behaviour change in overweight and obese adults: A systematic review. *BMC Public Health* 19 (816) doi.org/10.1186/s12889-019-7185-3.
55. Courtenay M, Rowbotham S, Lim R, **Peters S**, Yates K, Chater A. (2019) Using theory to examine influences on antibiotic prescribing by nurse and pharmacist prescribers: A qualitative study using the Theoretical Domains framework and COM-B. *BMJ Open* 9:e029177. doi:10.1136/bmjopen-2019-029177
56. Long H, Howells K, **Peters S**, Blakemore A. (2019) Does health coaching improve health-related quality of life in people with chronic obstructive pulmonary disease? A systematic review and meta-analysis. *British Journal of Health Psychology* doi:10.1111/bjhp.12366
57. Chisholm, A, Philee A, **Peters S**, Hart, J, Beenstock, J. (2019) Public health practitioners' views of the 'Making Every Contact Count' initiative and standards for its evaluation. *Journal of Public Health* doi.org/10.1093/pubmed/fdy094
58. Longley V, **Peters S**, Swarbrick C, Bowen A. (2019) What factors affect clinical decision-making about access to stroke rehabilitation? a systematic review. *Clinical Rehabilitation* 33(2) 304-316 [10.1177/0269215518808000](https://doi.org/10.1177/0269215518808000)
59. Longley V, **Peters S**, Swarbrick C, Rhodes S, Bowen A. (2019) Differences in stroke rehabilitation for people with pre-existing cognitive impairment: an observational cohort study *Clinical Rehabilitation* doi.org/10.1177/0269215519843984
60. Harris K, Gooding P, Haddock G, **Peters S**. (2019) Factors that contribute to psychological resilience to suicidal thoughts and behaviours in people with schizophrenia: Qualitative study. *British Journal of Psychiatry Open*
61. Haddock G, Pratt D, Gooding P, **Peters S**, Emsley R, Evans E, Kelly J, Huggett C, Munroe A, Harris K, Davies L, Awenat Y. (2019). Randomised controlled trial of feasibility and acceptability of suicide prevention therapy in acute psychiatric wards. *British Journal of Psychiatry Open* 5 (1) e14. doi:10.1192/bjo.2018.85
62. Pyle M, Broome B, Joyce E, MacLennan G, Norrie J, Freeman D, Fowler D, Haddad P, Shiers D, Hollis C, Liew A, Byrne RE, French P, **Peters S**, Hudson J, Davies L, Emsley R, Yung A, Birchwood M, Longden E, Morrison AP. (2019) Study protocol for a randomised controlled trial of CBT vs antipsychotics vs both in 14-18 year olds: Managing Adolescent first episode Psychosis: a feasibility Study (MAPS). *Trials* doi.org/10.1186/s13063-019-3506-1 Lyons S, Currie S, Lavender D, **Peters S**, Smith D. (2019) Perceptions and experiences of women with a BMI $\geq 30\text{kg/m}^2$ who breastfed: A systematic review and meta-synthesis. *Maternal and Child Nutrition* e12813. doi.org/10.1111/mcn.12813
63. Awenat Y, **Peters S**, Gooding P, Pratt D, Shaw-Nunez E, Harris K, Haddock G. (2018) A qualitative analysis of suicidal psychiatric inpatients views and expectations of psychological therapy to counter suicidal thoughts, acts and deaths *BMC: Psychiatry* 18:334 [10.1186/s12888-018-1921-6](https://doi.org/10.1186/s12888-018-1921-6)
64. Coupe N, Cotterill S, **Peters S**. (2018) Tailoring lifestyle interventions to low socioeconomic populations: A qualitative study. *BMC: Public Health*. 18 (1) 967-982 doi.org/10.1186/s12889-018-5877-8
65. Jones S, Knowles D, Tyler E, Holland F, **Peters S**, Lobban F, Langshaw B, Hilton C, Long R, Gantt K, Owen R, Roberts C, Riste L. (2018) The feasibility and acceptability of a novel Anxiety in Bipolar Disorder (AIBD) intervention compared to treatment as usual: A randomised controlled trial. *Depression and Anxiety* doi: 10.1002/da.22781
66. Jones S, Robinson H, Riste L, Roberts C, **Peters S**, Bateman L, Weymouth E, Barrowclough C. (2018) Integrated psychological therapy for people with bipolar disorder and co-morbid alcohol use: a feasibility and acceptability randomised controlled trial. *Contemporary Clinical Trials Communications* 193-198. doi:10.1016/j.conctc.2018.05.001
67. Chisholm, A, Philee A, **Peters S**, Hart, J, Beenstock, J. (2018) Public health practitioners' views of the 'Making Every Contact Count' initiative and standards for its evaluation. *Journal of Public Health* doi.org/10.1093/pubmed/fdy094
68. Hart J, Furber C, Chisholm A, Aspinall S, Lucas C, Runswick E, Mann K, **Peters S**. (2018). A mixed methods investigation of an online intervention to facilitate student midwives' engagement in effective conversations about weight-related behaviour change with pregnant women *Midwifery* 63 52-59
69. Littlewood D, Kyle S, Carter L, **Peters S**, Pratt D, Gooding P. (2018) Short sleep duration and poor sleep quality predict next-day suicidal ideation: An ecological momentary assessment study. *Psychological Medicine* 1-9.
70. Longley V, **Peters S**, Swarbrick C, Bowen A. (2018) What influences decisions about stroke rehabilitation for patients with pre-existing dementia or cognitive impairment: a qualitative study. *Clinical Rehabilitation* 32(8) 1133-1144

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72. Lyons S, Currie S, **Peters S,** Lavender T, Smith D. (in press) The association between psychological factors and breastfeeding behaviour in women with a body mass index $\geq 30\text{kg/m}^2$: A systematic review. *Obesity Reviews*
73. Talbot H, Strong E, **Peters S,** Smith DM. (in press) Behaviour change opportunities at mother and baby checks in primary care: a qualitative investigation of the experiences of general practitioners *British Journal of General Practice*
74. El-Khani A, Ulph F, **Peters S,** Calam R. (2018) Syria: refugee parents' experiences and need for parenting support in camps and humanitarian settings, *Vulnerable Children and Youth Studies*, 13:1, 19-29, DOI: 10.1080/17450128.2017.1372651
75. Joyce E, Cowing J, Lazarus C, Smith C, Zenzuck V, **Peters S.** (2017) Training tomorrow's doctors to explain 'medically unexplained' physical symptoms: an examination of medical educators' views of barriers and solutions. *Patient Education & Counselling*
76. Silverwood V, Raybould I, Thomas B, Chew-Graham CA, **Peters S.** (2017) 'If it's a medical issue I would have covered it by now': Learning about fibromyalgia through the hidden curriculum: a qualitative study. *BMC Medical Education* 170160DOI 10.1186/s12909-017-0972-6
77. Awenat Y, **Peters S,** Shaw-Nunez E, Pratt D, Gooding P, Haddock G. (2017) Qualitative analysis of staff experiences and perceptions of working with suicidal inpatients. *British Journal of Psychiatry* DOI: 10.1192/bjp.bp.116.191817
78. Speer S, Tucker S, McPhillips R, **Peters S.** (2017) The clinical communication and information challenges associated with the psychosexual aspects of prostate cancer treatment. *Social Science & Medicine*
79. Faija C, Tierney S, Gooding P, **Peters S,** Fox J. (2017) The role of pride in women with anorexia nervosa: A grounded theory study. *Psychology and Psychotherapy: Theory, Research and Practice* 90(4) 567-585. DOI:10.1111/papt.12125
80. Littlewood D, Kyle S, Pratt D, **Peters S,** Gooding P. (2017) Examining the role of psychological factors in the relationship between sleep problems and suicide. *Clinical Psychology Review.* 54 (1-16) doi.org/10.1016/j.cpr.2017.03.009
81. Courtenay M, Rowbotham S, Lim R, Deslandes R, Hodson K, MacLure K, **Peters S,** Stewart D. (2017) Antibiotics for acute respiratory tract infections: a mixed methods study of patient experiences of non-medical prescriber management. *BMJ Open* 7 e013515. doi:10.1136/bmjopen-2016-013515
82. Goldthorpe J, Lovell K, **Peters S,** McGowan L, Nemeth I, Roberts C, Aggarwal VR. (2017) A randomised controlled pilot trial of a guided self-help intervention to manage Chronic Orofacial Pain. *Journal of Oral and Facial Pain and Headache* 31(1):61-71. doi: 10.11607/ofph.1665.
83. Plunkett, C., **Peters, S.** Wittkowski, A. (2017) A qualitative investigation into the role of baby in recovery from psychosis after childbirth *Clinical Psychology & Psychotherapy*
84. Plunkett, C., **Peters, S,** Wittkowski, A. (2016) Mothers' experiences of recovery from postnatal mental illness: A systematic review of the qualitative literature and meta-synthesis. *Journal of Anxiety and Depression* 1(4): 1019.
85. Dewhurst A, **Peters S,** Devereux-Fitzgerald A, Hart J. (2016) Physicians' views and experiences of discussing weight management within routine clinical consultations: a thematic synthesis. *Patient Education & Counselling* doi.org/10.1016/j.pec.2016.12.017
86. Kumar K, **Peters S,** Barton A. (2016) Rheumatoid arthritis patient perceptions on the value of predictive testing for treatments: a qualitative study. *BMC Musculoskeletal Medicine.* 17: 460. doi: 10.1186/s12891-016-1319-x
87. Goldthorpe J, **Peters S,** Lovell K, McGowan L, Aggarwal VR. (2016) "I just wanted someone to tell me it wasn't all in my mind and do something for me": Qualitative exploration of acceptability of a CBT based intervention to manage Chronic Orofacial Pain. *British Dental Journal* 220(9):459-463 DOI: 10.1038/sj.bdj.2016.332
88. Goldthorpe J, Lovell K, **Peters S,** McGowan L, Aggarwal VR. (2016) Central Management of Medically Unexplained Chronic Orofacial Pain: Justification for Behavioural Interventions. *Journal of Sleep Medicine and Disorders* 3(1): 1038
89. Morriss R, Lobban F, Riste L, Davies L, Holland F, Long R, Lykomitrou G, **Peters S,** Roberts C, Robinson H, Jones S and the NIHR PARADES Psychoeducation Trial Group (2016). Clinical effectiveness and acceptability of structured group psychoeducation versus optimised unstructured group support for remitted bipolar disorder: a multi-centre pragmatic randomised controlled trial. *Lancet Psychiatry*
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93. El-Khani A, Ulph F, **Peters S**, Calam R. (2016) Syria: The challenges of parenting children in refugee situations of immediate displacement. *Intervention: Journal of Mental Health and Psychosocial Support in Conflict Affected Areas*
94. Fletcher I, McCallum R, **Peters S**. (2016) Attachment style and clinical communication performance in UK trainee doctors *Patient Education & Counselling*
95. Bayliss K, Riste L, Band R, **Peters S**, Wearden A, Lovell K, Fisher L, Chew-Graham C. (2016) Implementing resources to support the diagnosis and management of Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME) in primary care. A qualitative study. *BMC Family Practice*
96. Haddock G, Davis L, Evans E, Emsley R, Gooding P, Heaney L, Jones S, Kelly J, Munro A, **Peters S**, Pratt D, TARRIER N, Windfuhr K, Awenat Y. (2016) Investigating the feasibility and acceptability of a cognitive behavioural suicide prevention therapy for people in acute psychiatric wards (the 'INSITE' trial): study protocol for a randomised controlled trial *Trials* 17:79 doi:10.1186/s13063-016-1192-9
97. Chisholm A, Hart J, Mann K, Perry M, Duthie H, Rezvani L, **Peters S**. (2015) Investigating the feasibility and acceptability of health psychology informed obesity training for medical students. *Psychology, Health & Medicine* 21(3), 368-76.
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B2. Record of External Research Funding:

B2.1 In progress:

- 2024-2029. **£576,914**. The STAR study: specifying and transforming our approaches to managing children and young peoples' chronic musculoskeletal pain in paediatric rheumatology. Versus Arthritis. Sponsor and qualitative methods lead
- 2023-2028 Research Support Service. NIHR **£1,667,491.22** (Manchester Contribution). Co-investigator and qualitative lead
- 2023-2025 **£263,674**. Cardiac rehabilitation for young people: A single-blind randomised acceptability and feasibility Study of an integrated physical and mental health approach NIHR RfPB. Co-investigator and qualitative lead
- 2023-2024. **£115,000**. Equality, Diversity and Inclusion Research Unit (EDI-RU) within GMMH. Co-director and Lead for interface of physical and mental health conditions.
- 2022-2025 **£1.787 million**. Cognitive behavioural therapy in comparison to treatment as usual in young adults at high risk of developing bipolar disorder (Bipolar At Risk): A definitive randomised controlled trial to investigate the efficacy of a treatment approach targeted at key appraisal change (BART II). NIHR132622 MRC EME. Co-investigator and qualitative lead.
- 2021-2024. **£115,000**. Understanding therapeutic alliance in the context of supported self-management in community stroke services. Stroke Association.
- 2020-2025. **£77,324**. Developing stakeholder-informed guidelines for acceptable and safe research into suicide. Mental Health Research UK. Principle Investigator.

B2.2 Completed Grants and Fellowships:

- 2021-2023. **£96,964**. Equality, Diversity & Inclusion Research Unit (EDI-RU) within GMMH. Co-director and Lead for interface of physical and mental health conditions.
- 2021-2022 **£1,895**. Crowd sourced rapid reviews. ESRC and Methods NorthWest Collaborative Innovation Grant. Co-Investigator and qualitative methods lead
- 2020-2024. **£181,594**. Developing a theory-informed behaviour change intervention to improve pain assessment and communication by healthcare professionals managing children and young people with Juvenile Idiopathic Arthritis. Versus Arthritis. Lead for qualitative methods.
- 2020-2023. **£243,439** A peer-delivered disclosure course as an intervention to combat the stigma of psychosis: intervention refinement and feasibility (NIHR200460). Co-investigator and qualitative lead.
- 2020-2021. **£249,920** Feasibility and acceptability of TOOTHPICKS, a behaviour change intervention to support parent-dental practitioner communication about behaviour change to improve oral health in children. (PB-PG-0418-20002). Principle Investigator
- 2019-2020. **£1.3k**. The theoretical conceptualisation of pregnancy and motherhood as an opportunity for behaviour change. British Psychological Society DHP award. Co-Investigator and lead for clinical communication.
- 2018-2023. **£5.1 million**. NIHR Research Design Service (ref RDS-0317-North West). Co-investigator and lead for qualitative methods and behaviour science.
- 2018-2021. **£248,284**. Empowering older people with multimorbidity to improve patient safety through better communication: development & feasibility study of a behaviour change intervention (PB-PG-0816-20035) NIHR RfPB. Co-I and lead for qualitative and behaviour change. Co-Investigator and lead for Behaviour science.
- 2018-2021. **£314,474**. Improving communication between patients and healthcare staff: Development and feasibility study of a behaviour change intervention. NIHR (DRF-2016-09-105). Co-supervisor, lead for Behaviour science.
- 2018-2020. **£150k**. Partnerships for improved postgraduate researcher wellbeing and mental health. Office for Students Catalyst Fund. Co-investigator and lead for Work Package 1 - 'Understanding and identifying triggers to PGR wellbeing'.
2018. **£12k**. Perceptions of Doppler ultrasound scan among Black and minority ethnic patients with rheumatoid arthritis. Mary Seacole award. Co-investigator and qualitative lead.
- 2017-2021 **£1.750 million**. A psychological intervention for suicide applied to patients with psychosis: the CARMS trial (Cognitive Approaches to Remediating Suicide) MRC EME (ref 117139). Co-Investigator and qualitative lead
- 2017-2019. **£840,654**. A randomised controlled trial of antipsychotic medication in comparison to psychological intervention and a combined treatment in children and young people with first episode psychosis: a feasibility study. NIHR HTA Programme. Co-Investigator and lead for qualitative methods.
- 2016-2021. **£161k**. A feasibility and acceptability study of the 'Talking With Voices' intervention amongst adults with psychosis. NIHR (PDF-2016-09-012). Co-Investigator and qualitative lead.
- 2016-2020. **£120k**. Understanding psychological resilience to negative stressors and suicidal thoughts and behaviours in people experiencing schizophrenia spectrum disorders. Mental Health Research UK. Co-Investigator and qualitative lead.
- 2016-2017. **£28,920**. Foundation Years in Private Sector Partners - Exploring transition and developing a mentoring programme for newly qualified community pharmacists. Pharmacy Research UK. Co-Investigator and lead for behaviour science.
2016. **£20k**. Development and delivery of eLearning module in Making Every Contact Count training (TENT PEGS). Lancaster NHS Trust. Co-Investigator and lead for qualitative methods.

2015 for 42 months. **£3.656 million.** Research Design Service for the NorthWest. NIHR. Co-Investigator and lead for qualitative methods and health psychology.

2015-2018. **£255,171.** Cognitive behavioural therapy in comparison to treatment as usual in adults at high risk of developing Bipolar Disorder (BART). NIHR RfPB. (PB-PG-1013-32044). Manchester PI and lead for qualitative methods.

2015-2016. **£38k** Prescribing antibiotics for acute respiratory tract symptoms: Patient expectations, management by non-medical prescribers and patient satisfaction, Industrial grant. Manchester Principle Investigator.

2015-2016. **£24,420.** The design of a peer coaching intervention to address the challenges faced by novice community pharmacists at transition to practice: A feasibility study. Co-Investigator and lead for behaviour science.

2013-2016. **£248,684.** A pilot study to investigate the feasibility and acceptability of a cognitive behavioural suicide prevention therapy for people in acute psychiatric wards (INSITE). NIHR RfPB (PB-PG-1111-26026). Co-Investigator and lead for qualitative methods

2012- 2013. **£48k.** Doctor patient communication about nutrition and cognition in the elderly; Liverpool PCT; Co-Investigator and qualitative methods lead

2011-2014. **£245,834.** Chronic fatigue syndrome (CFS/ME) interventions within the primary care setting: developing resources for support and self-management in primary care (METRIC) ref PB-PG-0609-19108; NIHR RFPB. Co-Investigator and lead for qualitative methods.

2010-2015. **£5.137 million.** Development of a Research Design Service for the NorthWest; NIHR; Co-Investigator and lead for qualitative methods and health psychology.

2010- 2013. **£300k** Improving Understanding and Access to Treatment for Eating Disorders Among Young British Asian Females. NIHR. Co-Investigator and lead for qualitative methods.

2009-2011. **£29,783.** Development and evaluation of a communication training package for primary care practitioners to reduce inappropriate antibiotic prescribing for respiratory tract infections (TRACT); British Society for Antimicrobial Chemotherapy (BSAC). Principle Investigator.

2009-2010. **£18,933.** Developing resources to support people with ME/CFS in primary care. Greater Manchester Primary Care Trust. Co-Investigator and lead for qualitative methods.

2008-2014. **£1.997 million.** Reducing relapse and suicide in bipolar disorder: Practical approach to identifying risk, reducing harm and engaging service users in planning and delivery of care; RP-PG-0407-10389. NIHR Programme Grant. Co-Investigator and lead for qualitative methods.

2005-2006. **£2,250.** Do medical students' attitudes towards patients predict their learning of communication skills during preclinical training: a longitudinal study. Association of the Study of Medical Education (ASME). Principle Investigator.

2005-2006. **£2,250.** Development of national expert consensus for a core psychology curriculum in undergraduate medical education; HEA. Subject Centre for Medicine, Dentistry and Veterinary. Co-Investigator.

2005-2007. **£53,333.** A qualitative study of barriers and facilitators to training key workers to offer enhanced relapse prevention to people with bipolar disorder and their relatives within an NHS setting. Mersey Care NHS Trust. Co-Investigator and qualitative lead.

2005-2007. **£190,647.** Feasibility study of Enhanced Relapse Prevention (ERP) by key workers for people with bipolar disorder; Co-Investigator and qualitative methods lead. MRC. Co-Investigator and lead for qualitative methods.

2004-2009. **£842,000.** Randomized controlled trial of nurse facilitated self-help treatment for patients in primary care with chronic fatigue syndrome (FINE trial). MRC. Co-Investigator and lead for qualitative methods.

2003-2006. **£457,000.** Exploratory randomized controlled trial of training general practitioners to manage patients with persistent medically unexplained symptoms (MUST trial). MRC. Co-Investigator and lead for qualitative methods.

C. TEACHING and STUDENT RELATED ACTIVITIES:

My teaching can be grouped into 3 domains: i) Psychology of health and illness, ii) Communication in healthcare, iii) Research methods and researcher development. In each, I have designed, delivered, assessed and evaluated learning at U and M levels within small group and large lecture formats (in person and online) on programmes across all 3 schools within the Faculty.

C1.1 Dissertation Supervision

BPS accredited supervisor for Stage II Health Psychology

Currently supervising 11 Doctoral students and completed supervision for 30 Doctoral students

- Awarded PGT Supervisor of the Year (Student Union, 2016)
- Nominated for PGR supervisor of the year (FBMH Doctoral Academy, 2023)

C1.2 Developing researcher capacity

I build research capacity beyond psychology. For example:-

- Research training through NIHR Research Support Service for clinicians and researchers across NorthWest – I provide training on building research teams, developing research questions, qualitative methods, grantmanship. Run mock funding panels and grant writing retreats. Conduct advice clinics and critical reviews.
- Training design and delivery for Manchester’s New Academics Programme and Centre of Academic Researcher Development on effective PGR supervision, and qualitative methods.
- Designed and led an innovative peer-assessed semester-long Critical Thinking Module for 3rd medical students (n=300).
- Senior Facilitator, Summer School, *European Association in Communication in Healthcare*, 2023.
- I have been instrumental in transforming practice within PGR student and supervisor training within FBMH (44% improvement in national student survey satisfaction ratings compared with UoM average), and have contributed to research and pedagogy on PGR wellbeing and mental health.
- Awarded BPS Division of Health Psychology Mentor Award (2022)

C2.1 Inaugural Programme Director MSc Clinical and Health Psychology (2008 - 2013)

C2.2 Bringing psychology to Health Professional Education

I am interested in bringing psychology to health professional education.

- I founded an international network ([Behaviour and Social Science Teachers in Medicine, BeSST](#)). Leading on the development of psychology curriculum (now adopted through GMC guidance within all UK medical schools).
- Created new theory-informed training on how to hold effective health behaviour change conversations ([Tentpegs toolkit](#)).
- Professional training on assessing and managing medically unexplained symptoms and facilitating health behaviour change. (e.g. UG Medicine, Dentistry & Midwifery; professional clinical psychology doctorate, training programme for RCGP).

C2.3 Innovation in Communication skills training

I have held key strategic roles in communication skills training for medical students and dentists, including:

- Director of Communication training (2005-2007, Faculty of Medicine, Liverpool). Innovations include extending training from years 1-2 to the full 5 year MBChB, integrating communication and clinical assessments.
- HEI representative as Member of UK Council of Clinical Communication Leads in Medical Schools
- Extensive pedagogical research on healthcare professional communication training
- By invitation I have written editorials, book chapters and been invited to speak on this topic.

C3. External Advising and Examining

- BPS accredited MSc Health Psychology, St Andrews, (2013-2017)
- 1st behaviour/social scientist to sit as external examiner for a UK medical degree (Keele; 2004-2006 and 2008-2011)
- External examiner for 15 PhD/professional doctorates
- I have designed and delivered extensive training on healthcare communication to staff across several NHS Trusts and Royal Colleges. This includes continuing professional development for GPs, Psychiatrists, Midwives and Dentists.

D. LEADERSHIP AND MANAGEMENT ROLES:

- Co-director for Manchester Centre for Health Psychology (MCHP) (2021 to date)
- Academic Lead for PGR student experience (FBMH) (2017 to 2021)
- Co-Director of Greater Manchester NIHR Research Support Service (2010 - to date)
- Co-Director, Greater Manchester MH NHS Trust, Equality, Diversity & Inclusion Research Unit (2021 to date)
- Chair of Training & Professional Development committee of DHP (British Psychological Society; 2009-2013).