**FORMAT DEBRIEFING VIDEOTAPED CONSULTATIONS - GUIDELINES**

This is a short guideline for debriefing videotaped (or real-life) consultations and focus on the application of communication skills.

1. Play the part of the videotaped consultation on which the resident has a question.
2. In the debriefing, the following questions are helpful:

* What was (were) your goal(s) in this part of the consultation?
* What context factors played a role in the consultation? (medical, patient- and doctor-related factor)
* What communication tasks were at stake in this part of the consultation? (cfr. Calgary Cambridge model)
* How effective were you in reaching your goals, whilst applying the communication skills as you did?
* Could there have been other possibilities to reach the desired goals(s)? What does theory (on effectiveness of communication) have to say about this?
* What alternative communication behaviour could you have applied in order to be more effective?

**Tips:**

* It often works well to ask for the goal of the observed behaviour, and from there take the discussion to the question what context factors have led to that (those) goal(s).
* Keep it small! (“What was at this moment in the consultation your goal? What did you say / do to reach that goal? How effective was that?”)
* If desired, make use of the Communication Wheel[[1]](#footnote-1) to generate ideas in discussing the questions, in order to get insight in blind spots. The questions in the debriefing format are essential.
* Use the Communication Wheel in an informal sort of way (“shall we take a look if the wheel may give us some extra insights?”).
* The Communication Wheel is **not** a puzzle to be solved!

1. The link to the Communication Wheel (Dutch) on Youtube: <https://www.youtube.com/watch?v=DwBaEDoheXc> [↑](#footnote-ref-1)