

UNIVERSITY OF DUNDEE

College of Medicine, Dentistry and Nursing



Year 4

GP Attachment 2011-12

Induction Programme

Prescribing Consultation

Tutor Pack

Year 4 GP attachment induction programme prescribing consultation

Venue:	Clinical Skills Centre
Time:	2pm – 4pm
Students:	16 (8X2)
Tutors:	2
Actors:	2
Accommodation:	2 rooms.
Equipment:	Desk, Internet access, BNFs, lap tops x8, Dummy prescription sheets
Setting:	GP surgery consultation 8 students per group

Tutor introduction

10 minutes

1. Explain format of session as outlined below
2. What are the factors influencing prescribing decisions?

Students to offer suggestions. This will have been covered in morning session

Part 1 Information gathering

Consultation

15 minutes

Student 1

Advise student to obtain a focused relevant history. This should contain all the information necessary to make a diagnosis of angina, ensure that angina is not unstable, and establish that treatment as recommended by guidelines is safe and acceptable to the patient.

No need to examine patient. Normal physical examination including blood pressure

Groups Remaining students to divide into 3 groups

Group 1. Observe and record content.

‘What has been asked?’

Group 2. Observe and record process.

‘How has it been asked?’

Group 3. Observe and record perception.

‘What issues have emerged and how have they been used to develop a focused consultation’

Group feedback

10 minutes

Student observers to discuss consultation within groups and then provide feedback.

What information have we got?

How did we get it?

What else do we need?

Consultation

5 minutes

Student 1

Complete information gathering

Group work

Students to work in small groups to develop a management plan using text and online prescribing information 10 minutes

Group discussion to agree management plan 10 minutes

Part 2 Explanation and discussion of management plan

Consultation

Student 2 15 minutes

Advise student to explain diagnosis and treatment.

The student should explain angina and CV risk, advise/ negotiate treatment of angina and CV risk reduction and explain need for referral/ investigation. Safety net

Group

Group 1. Observe and record content.

'What information has been given?'

Group 2. Observe and record process.

'How has it been given?' Summarising and confirming understanding

Group 3. Observe and record perception.

'What issues have emerged and how have they influenced the outcome of the consultation'

Group feedback

10 minutes

What has been achieved in this consultation.

To what extent has a safe cost effective management plan has been agreed

Consultation

Student 2 5 minutes

Complete discussion of management plan

Close consultation

Part 3 Write prescription

10 minutes

Conclusion

5 minutes

Year 4 prescribing consultation SA

Actors script

Female aged 62

In the last 3 months you have had several episodes of central chest discomfort/ tightness. A feeling of heaviness/ pressure. Episodes have always occurred when exercising – for example climbing hills, carrying boxes and digging in the garden. No restriction to walking at a steady pace. Episodes resolve with rest after 5-10 minutes. No prolonged episode. No symptoms at rest or in bed at night. Sometimes associated with breathlessness and an ache in the jaw

Social history

Retired librarian. Married. Husband keeps well. Keen gardner. Stopped smoking 20 years ago

Past medical history:

Previously found to have raised.cholesterol. Chose to manage with diet alone

Asthma. Asymptomatic for many years

Migraine, varicose vein surgery and appendicectomy many years ago (no need to mention)

Current repeat medications:

Nil

Recent acute medications:

Nil

Adverse drug reactions:

None

Family history

Father died of cancer. Mother died of heart attack in 70s. One brother who has high blood pressure

Background

Very busy with move in last few months. Have been ignoring symptoms. Husband persuaded you to consult to make sure that it wasn't your heart.

Summary Sheet for Housecalls**Registration Information**

S A 01/01/1948 Female
26 Jutemill Close Dundee DD2 4AD
Mobile phone 07866738384

Baseline Obs

11/08/2009 09:03.00 BP 112 / 70 taken Sitting Cuff: Standard recall due: O/E - blood pressure reading
No data recorded.
No data recorded.

Last 3 Acute Prescriptions

02/06/2008 CO-DYDRAMOL tabs 10mg+500mg Supply: (60) tablet(s) TAKE 1 OR 2 4 TIMES/DAY Dr Registrar 2

Repeat Medication

No data recorded.

Adverse Reactions

No data recorded.

No data recorded.

Clinical User Marker

16/09/1996 Stripping of varicose vein of leg NEC (ms)
01/01/1990 Asthma NOS (ms)
04/07/1980 Migraine (ms)
02/02/1962 Other excision of appendix NOS (ms)

Last Encounter

No data recorded.

Last 4 Clinical Notes

11/08/2009 Ex smoker
11/08/2009 Patient reviewed Keeps well. Fasting serum cholesterol 6.4 mmols/l. Former smoker - stopped smoking 20 years ago. No family history of cardiovascular disease. Not keen on drug treatment. Lifestyle and diet advice Dr Assistant Gp
11/08/2009 Urinalysis - general negative
02/06/2008 Pain Right knee since twisting injury two days ago. No signs. Dr Dr St1

Practice Details

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